

# Adams Brown Counties in Transit

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## From the desk of the Mobility Manager

### Welcome

Welcome to the sixth monthly newsletter from the Adams Brown Mobility Manager.

Each month we will feature educational articles, safety tips, upcoming events, and activities. If at any time you wish to unsubscribe, please contact the Mobility Manager, by sending an e-mail to [jfrancis@abcap.net](mailto:jfrancis@abcap.net) or by calling (937) 378-6041 EXT. 310.

### Adams County Public Library launches community Calendar



Keep track of every Adams County event in one place. Burbio.com is a website and mobile app that collects all the upcoming events in a local area, and streams them in one easy to read calendar.

Visit Burbio to see upcoming events in Adams County, including libraries, schools, community groups, arts groups, civic agencies, music, sports, and more. Follow the groups that are of interest to you. Add any event to your personal calendar, and receive notifications if the event changes.

Burbio already lists Adams County's library events, public school events, local community clubs, arts and theater groups, civic groups, nonprofits, and more. Check back as more local events are added every week.

Burbio is free to use, and free to for any nonprofit group to include in their calendar of events. Businesses can participate for a monthly fee. If your community group, club, or nonprofit would like to participate in Burbio, sign up for a free account, or ask the library – we'd be glad to help.

Browse Burbio's Adams County events, sign up for a free account to follow the organizations that interest you, and download the app for iOS or Android.

### Tips for Stress-Free Air Travel

(NewsUSA) – Man-made and natural disruptions to air travel are all-too-often the norm. Not only can weather delay take-offs and landings, but new airline rules can also keep planes grounded.



For example, if a plane is sitting on the tarmac for more than three hours, it has to return to the gate. On the upside, there are ways to cope with the unexpected. Here are a few simple

tips to prepare for delays before leaving home:

Print copies of itineraries with the 800 numbers for your airline, and others that fly the same route, just in case you have to rebook from the airport. The paper-free option? E-mail those numbers or enter them manually into your smartphone.

Check airline Web sites for delay postings. New rules mandate that airlines have this information online. Alternatively, you can go to [www.flightstats.com](http://www.flightstats.com).

Enlist a friend or family member who knows their way around online travel sites, and keep them on your mobile phone speed dial. If you have to make alternative plans, they can probably do it faster than anyone.

Remember travel insurance. A few extra dollars tacked onto the price of your trip can provide peace of mind if you have to change plans for unforeseen reasons. Check what your airline, travel agent, booking site and credit cards offer to make sure that you're covered.

Have fun. Many airports are adding luxuries like spas, high-end restaurants and even showers to keep passengers happy. Find out what your airport, and the ones that you will visit, offer before you go, so you're able to enjoy them to the fullest.

While there is no surefire guarantee for disruption-free air travel, a little advanced planning can go a long way — even all the way to your destination.

### **Pet Safety Travel Tips**



Going on vacation or just going for a ride? Read up on these travel safety tips to make sure your trip goes smoothly for you and your pets.

- When traveling by car, cats and dogs should go in carriers that are secured to a seat.
- One long trips, make sure to stop frequently for pets to relieve themselves and stretch.
- Never travel with a pet in a truck bed. A sudden change of motion or impact could be fatal.
- When traveling by air, make sure you read your Airline's policies; they can vary.
- Always make sure your pet has access to water and gets food during long trips.

### **Inexperience is the Leading Cause of Teen Crashes**



Teens are only human. Like the rest of us, when we are learning to do something, we are bound to make common errors. Teens are no different when it comes to driving. The old cliché

"practice makes perfect" may seem corny, but it is true.

The safest — and best — way for them to gain experience is to practice with you riding along with them frequently,

monitoring their progress. Just 30 minutes a week with you as a passenger in the car can make a big difference.

Many states require a minimum number of practice hours before a novice driver can get their license. Whether required by state law or not, the safest way for your teen to continue to build driving experience and skills is for you to ride with them as they practice for a full year after they get their license. If you're stumped on how to go about that task, do not fret. Pointers for Parents has lots of tips and practice guides for you and your teen.

Remember, it's not whether our teens are "good kids" or "responsible" behind the wheel. They are new drivers. What matters most is their lack of experience. Regardless of behavior, their grades or other achievements, all teens are inexperienced and subject to the same risks.

In April 2011, the Children's Hospital of Philadelphia Research Institute identified the most common errors that lead to crashes involving teen drivers. Three out of four serious teen driver crashes are due to inexperience. The three most common errors, accounting for about half of these crashes, are:

- Lack of scanning the roadway
- Driving too fast for conditions
- Distraction by something inside or outside the vehicle

Make sure your teen has lots of practice behind the wheel the more, the better. Experts advise taking the following actions to help keep your teen safe behind the wheel:

- Practice with new drivers: Sit beside them as they drive and schedule 30 minutes of practice time each week—before and after they get their license—to check in and see how they are doing.
- Set a good example: Drive the way you want your teen to drive. Your sons and daughters have learned from you all their lives. They don't stop learning now that they have their license.
- Sign the New Driver Deal: The New Driver Deal is a written agreement which helps define expectations – for parents and teens.
- Let teens earn privileges: The best way teens can show they are ready for new privileges is to show they can handle the ones they have been already given.
- Parents should discuss their feelings about teen driver safety with each other: It can be tough enforcing rules with your teen when the parents of

their friends do not follow suit. It also can be dangerous for your teen to be a passenger in a car driven by a teen given too many driving privileges too soon. Make sure you know where other parents stand on teen driver safety and tell other parents about your feelings.

### Travel Humor

Q: What kind of chocolate do they sell at the airport?

A: Plane Chocolate



Q: Which U.S. state is famous for its extra-small soft drinks?

A: Mini-soda!

Q: What travels around the world but stays in one corner?

A: A stamp.

Q: Why did the librarian get kicked off the plane?

A: Because it was overbooked.

### Did you know?

One of the most effective measures a person can take to prevent injury or death in a motor vehicle crash is to be restrained in a seat belt, or for small children, a rear or forward-facing child safety seat.

The National Highway Traffic Safety Administration estimates seat belts reduce the risk of fatal injury to front-seat passenger car occupants by 45 percent and risk of moderate to critical injury by 50 percent. For light-truck occupants, seat belts reduce the risk of fatal injury by 60 percent and moderate to critical injury by 65 percent.

Every hour someone in America dies in a crash. Crashes are among the leading causes of death in the United States.

Failure to buckle up is a factor in more crash fatalities than any other traffic safety-related behavior.

Seat belts provide the greatest protection against ejection in a crash. Three-fourths of people ejected from cars in crashes are killed.

Three out of four crashes occur within 25 miles of home. Crashes can happen on the way to school, work, the grocery store or event within your own neighborhood.

### Handicap Accessible Parking

Handicap accessible parking plays a critical role in giving chair users independence and mobility, making it important to understand the rules of the parking lot. Please see attached flyer for more information.

### Transportation Assistants

If you're covered by Medicaid and you're having trouble getting to health care services, transportation assistance may be available. Please attached flyer for more information.

### Local Happenings

The 2019 Adams County Coordinated Public Plan meetings will be held on August 13th and October 8th at 2 PM at the Adams County Job and Family Services building, located at 482 Rice Dr., West Union, OH 45693.

The 2019 Brown County Coordinated Public Plan meetings will be held on August 14th and October 9th at 2 PM at the Adams Brown Community Action Partnership building, located at 406 West Plum Street, Georgetown, Ohio, 45121.

The Adams County Veteran Services now has a new number. Reach them at (937) 544-7857. The Brown County Veteran Services can be reached at (937) 378-3155.

The 128<sup>th</sup> Adams County Fair will be held on July 7<sup>th</sup> – 13<sup>th</sup> in West Union, Ohio. A shuttle service will be available on Sunday, July 7 from 12 p.m. to 3 p.m. and then 5 p.m. to 10 p.m; July 8 through 12 from 10 a.m. to 10 p.m. Shuttle pickups and drop-off locations include the fairgrounds, West Union Municipal Building, the Adams County Courthouse, the parking lot of the retired Adams County Hospital building, and the Holy Trinity Catholic Church.

The 169<sup>th</sup> Brown County Fair will be held on September 23<sup>rd</sup> – 28<sup>th</sup> in Georgetown, Ohio.

The Brown County Bicentennial Celebration will take place on June 21, 22, 23, 2019. A schedule of the event can be found at:

<https://www.facebook.com/events/617510972024161/>

# SPREAD THE WORD ABOUT RESPONSIBLE PARKING

around wheelchair accessible vehicle spaces!



1 of 6 accessible parking spaces must be van-accessible.



## FACTS\*

- 74% of people have seen a handicap accessible parking space improperly used.
- 42% of people do not know the stripes represent space to deploy a wheelchair ramp.
- 75% of able-bodied people said if a car parked too close to them, they would use another door or window to climb in. Chair users do not have that option.

\* Statistics from 2018 Save My Spot Survey

Even if you have a handicap parking placard, please don't park in the striped spaces! This space allows room to deploy a ramp. If you park here, the wheelchair user is blocked from entering his or her vehicle!

The striped area provides an extra car-width of space to allow someone in a wheelchair accessible vehicle room to deploy a ramp and safely enter or exit his or her vehicle.



Join the conversation!



The World's Leading Manufacturer of Wheelchair Accessible Vehicles and Wheelchair Lifts

# Transportation Assistance

If you're covered by Medicaid and you're having trouble getting to health care services, transportation assistance may be available.

- If you're a member of a managed care plan or MyCare Ohio plan, call the number listed in the table to the right, or contact the Ohio Medicaid Hotline for consumers (1-800-324-8680 or [ohiomh.com](http://ohiomh.com)).
- If you're not a plan member (or you want an option besides what your plan offers), contact the Medicaid Transportation Coordinator at your local county department of job and family services (CDJFS). The main phone number for each CDJFS is included in a list available at [jfs.ohio.gov](http://jfs.ohio.gov); select County Directory.

If you're not a plan member and you need transportation by wheelchair van, you may contact a provider directly. A searchable directory of Medicaid providers is available at [medicaid.ohio.gov](http://medicaid.ohio.gov); select these options:

*FOR OHIOANS > Already Covered > Your Benefits > Find a Medical Provider*

**Questions? Contact the Ohio Medicaid Hotline for consumers at 1-800-324-8680 or [ohiomh.com](http://ohiomh.com).**

*ODM Bureau of Health Plan Policy, 11/1/2018*

## Don't cancel. Call!

	Managed Care Plan	MyCare Ohio Plan
<b>Aetna</b>		1-855-364-0974 1-866-799-4395
<b>Buckeye Health Plan</b>	1-866-246-4358 1-866-531-0615	1-866-549-8289 1-866-531-0615
<b>CareSource</b>	1-800-488-0134	1-855-475-3163
<b>Molina Healthcare</b>	1-866-642-9279	1-844-491-4761
<b>Paramount Advantage</b>	1-866-837-9817	
<b>United Healthcare</b>	1-800-895-2017 1-800-269-4190	1-877-542-9236 1-800-269-4190

